

Best Start Broadway - Manchester Invites You to Join the Welcome Baby Family!

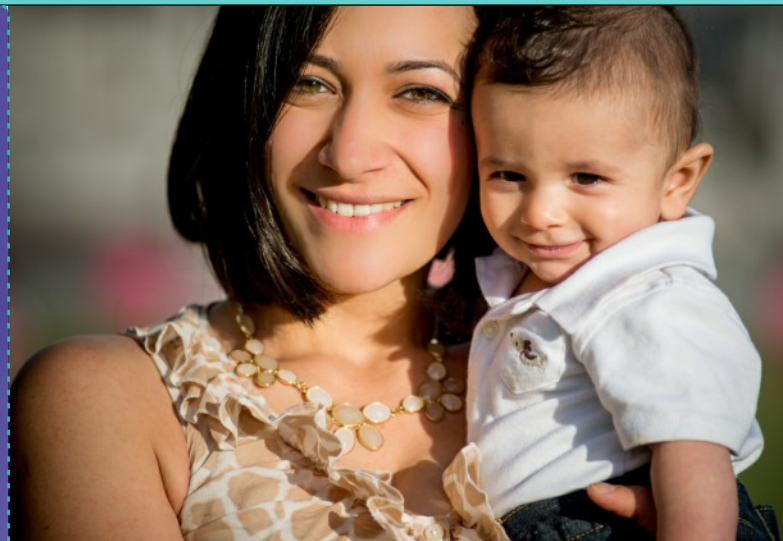
Welcome Baby provides you with a trusted partner to help you through the journey of pregnancy and early parenthood.



As part of Welcome Baby you'll receive:

- One-on-one appointments with your personal Parent Coach in your home, during your pregnancy, and through your baby's first 9 months
- An in-home visit with a nurse within a week after coming home with your newborn
- Help with breastfeeding and infant nutrition from a Certified Lactation Educator
- Referrals to additional resources in your neighborhood to help you and your baby
- Baby- and mom-friendly items, such as toys, nursing pillows, and baby-proofing supplies

Welcome Baby is part of a network of home visiting programs that support families with newborns. These programs work together to connect you with the services that will best support you and your baby.



This program is free for pregnant women of all income levels in L.A. County who deliver, or plan to deliver, at these hospitals:

California Hospital Medical Center
213.342.3127

Centinela Hospital Medical Center
323.242.5000 x4100

Martin Luther King, Jr. Community Hospital
323.516-2825

Miller Children's and Women's Hospital
562.933.2410

St. Francis Medical Center
310.900.4710



Best Start Broadway - Manchester le invita a **¡Unirse a la Familia Welcome Baby!**

Welcome Baby le ofrece el apoyo de alguien que le ayudará a través de su embarazo y los primeros meses con su bebé.

1ST LA
first 5 la
— WELCOME BABY —



Como parte de Welcome Baby usted recibirá:

- Citas individuales con su Consejera Materna durante su embarazo y hasta que su bebé cumpla los 9 meses de edad
- Una cita en su hogar con una enfermera en la primera semana en que regrese a casa con su recién nacido
- Ayuda con la lactancia y la alimentación del infante por parte de una Educadora Certificada en Lactancia
- Referencia a otros recursos que existen en su vecindario y que le ayudarán a usted y a su bebé
- Artículos para usted y su bebé, tales como juguetes, almohadas para amamantar y artículos para la seguridad de su bebé

Welcome Baby es parte de una red de programas de visitas a domicilio que apoyan a las familias con niños recién nacidos. Estos programas trabajan juntos para conectarle con los servicios que apoyen mejor a usted y a su familia.



Este programa gratuito es ofrecido a las mujeres embarazadas de todos los niveles económicos que planean dar a luz en estos hospitales:

California Hospital Medical Center
213.342.3127

Centinela Hospital Medical Center
323.242.5000 x4100

Martin Luther King, Jr. Community Hospital
323.242.5000 x2205

Miller Children's and Women's Hospital
562.933.2410

St. Francis Medical Center
310.900.4710

 **Dignity Health.**
California Hospital
Medical Center

 **CENTINELA HOSPITAL**
MEDICAL CENTER



1ST LA
first 5 la
— BEST START —
BROADWAY / MANCHESTER


Martin Luther King, Jr.
Community Hospital


Miller
Children's & Women's
Hospital Long Beach
MEMORIALCARE HEALTH SYSTEM

 **ST. FRANCIS**
MEDICAL CENTER
our mission is life